

RAINBOW CONNECTIONS

Recommended Music: **Rainbow Connection** — The Muppets - Album: The Muppet Show

Music Info: Speed: 116bpm, Length: 3:14mins, Count In: Noise & 12 Beats, Genre: Kids

Choreographer: Peter Heath, Adelaide, South Australia, Australia, 18th February 2006

Contact Info: Email: peter@linedancersofsa.org, Phone: +618 8281 4767, Web: www.linedancersofsa.org

Dance Info: Walls: 2, Level: 4/10, Rhythm: Waltz, Next Wall: Back

Starting position:	Feet Together, Left Foot Ready
Nett amount of turn per sequence:	1/2 Left Turn
Length of sequence:	48 Beats
Other names:	None

Music	Beats	Steps	Version: 1.01
		2 Open Twinkles; Front Vine 4, Draw, Close; Twice	
1–3	1–3	Cross Left Foot in Front of Right Foot, Rock Right Foot to Right, Recover Left Foot	
4–6	1–3	Cross Right Foot in Front of Left Foot, Rock Left Foot to Left, Recover Right Foot	
7–9	1–3	Cross Left Foot in Front of Right Foot, Step Right Foot to Right, Cross Left Foot Behind Right Foot	
10–12	1–3	Step Right Foot to Right, Draw Left Foot to Right Foot, Close Left Foot to Right Foot	
13–15	1–3	Repeat Beats 4–6	
16–18	1–3	Repeat Beats 1–3	
19–21	1–3	Cross Right Foot in Front of Left Foot, Step Left Foot to Left, Cross Right Foot Behind Left Foot	
22–24	1–3	Step Left Foot to Left, Draw Right Foot to Left Foot, Close Right Foot to Left Foot	
		Forward, Kick 2; 1/2 Left Turning Back Waltz; Twice	
25–27	1–3	Step Left Foot Forward, Kick Right Foot Forward, Kick Right Foot Forward	
28–30	1–3	Step Right Foot Back Turning 1/4 Left, Close Left Foot to Right Foot Turning 1/4 Left, Close Right Foot to Left Foot	
31–36	1–6	Repeat Beats 25–30	
		1/2 Left Turning Forward Waltz; Back Waltz ...	
37–39	1–3	Step Left Foot Forward Turning 1/4 Left, Close Right Foot to Left Foot Turning 1/4 Left, Close Left Foot to Right Foot	
40–42	1–3	Step Right Foot Back, Close Left Foot to Right Foot, Close Right Foot to Left Foot	
		Forward, Draw, Touch; Twice	
43–45	1–3	Step Left Foot Forward, Draw Right Foot to Left Foot, Touch Right Foot to Left Foot	
46–48	1–3	Step Right Foot Forward, Draw Left Foot to Right Foot, Touch Left Foot to Right Foot	
		REPEAT Adding Bridge After 2 nd Sequence and Add Substitution After Beat 42 ... of 4 th Sequence	
BRIDGE		2 Open Twinkles	
49–54	1–6	Repeat Beats 1–6	
SUBSTITUTION		Forward, Draw, Close	
43'–45'	1–3	Step Left Foot Forward, Draw Right Foot to Left Foot, Close Right Foot to Left Foot	