

OLDER FRIENDS

Recommended Music: **Count On Me** – Bruno Mars - Album: iTunes Download

Music Info: Speed: 90bpm, Length: 3:18mins, Count In: 8 Beats, Genre: Pop

Choreographer: Liz & Peter Heath, Adelaide, South Australia, 6th May 2012

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Dance Info: Walls: 2, Level: 6/10, Rhythm: Standard, Next Wall: Back

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|-----------------------------------|---------------------------------|
| Starting position: | Feet Together, Right Foot Ready |
| Nett amount of turn per sequence: | 1/2 Left Turn |
| Length of sequence: | 32 Beats |
| Other Names: | None |

| Music | Beats | Steps | Version: 1.00 |
|-------|-------|---|--|
| | | 2 Quick Heel Struts, Passing Mambo; 2 Quick Back Toe Struts | |
| | 1 | 1& | Touch Right Heel Forward / Transfer Weight to Right Foot Dropping Right Toe |
| | 2 | 1& | Touch Left Heel Forward / Transfer Weight to Left Foot Dropping Left Toe |
| | 3-4 | 1&2 | Rock Right Foot Forward / Recover Left Foot, Step Right Foot Back |
| | 5 | 1& | Touch Left Toe Back / Transfer Weight to Left Foot Dropping Left Heel |
| | 6 | 1& | Touch Right Toe Back / Transfer Weight to Right Foot Dropping Right Heel |
| | | Back Passing Mambo | |
| | 7-8 | 1&2 | Rock Left Foot Back / Recover Right Foot, Step Left Foot Forward |
| | | Underturned Paddle 4; Charleston | |
| | 9-10 | 1,2 | Rock Right Foot Forward, Turning 1/8 Left Recover Left Foot |
| | 11-12 | 1,2 | Repeat Beats 9-10 |
| | 13-16 | 1-4 | Point Right Toe Forward, Step Right Foot Back, Point Left Toe Back, Step Left Foot Forward |
| | | 2 Front Vaudevilles; Overturned Weave Cha | |
| | 17-18 | 1&2& | Cross Right Foot in Front of Left Foot / Step Left Foot to Left, Touch Right Heel Forward / Close Right Foot to Left Foot |
| | 19-20 | 1&2& | Cross Left Foot in Front of Right Foot / Step Right Foot to Right, Touch Left Heel Forward / Close Left Foot to Right Foot |
| | 21-22 | 1,2 | Cross Right Foot in Front of Left Foot, Turn ¼ Right and Step Left Foot Back |
| | 23-24 | 1&2 | Turn ½ Right and Step Right Foot Forward / Close Left Foot to Right Foot, Step Right Foot Forward |
| | | Forward Rock 2, Back Left Roll 2; Coaster Step / Ball Step, Forward / Ball | |
| | 25-26 | 1,2 | Rock Left Foot Forward, Recover Right Foot |
| | 27-28 | 1,2 | Turn ½ Left and Step Left Foot Forward, Turn ½ Left and Step Right Foot Back |
| | 29-30 | 1&2& | Step Left Foot Back / Close Right Foot to Left Foot, Step Left Foot Forward / Close Right Foot to Left Foot |
| | 31-32 | 1,2& | Step Left Foot Forward, Step Right Foot Forward / Close Left Foot to Right Foot |

REPEAT

Choreographers Note: This dance is carefully designed to be a split floor with Younger Friends