

26 MILES

Recommended Music: **26 Miles** — The Four Preps - Album: iTunes Download

Music Info: Speed: 127bpm, Length: 2:27mins, Count In: 8 Beats, Genre: Classic Pop

Choreographer: Peter Heath, Adelaide, South Australia, 7th January 2009

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Dance Info: Walls: 2, Level: 5/10, Rhythm: Cha Cha, Next Wall: Back

Starting position: Feet Together, Left Foot Ready
Nett amount of turn per sequence: 1/2 Left Turn
Length of sequence: 32 Beats for both Part A and Part B
Phrasing: Ax2, B, Ax2, B, Ax3

Music Beats Steps Version: 1.00

PART A **Open Scissor Cha; Side, Draw, Coaster Step**

1-2	1,2	Rock Left Foot to Left, Recover Right Foot
3-4	1&2	Cross Left Foot in Front of Right Foot / Step Right Foot to Right, Cross Left Foot in Front of Right Foot
5-6	1,2	Step Right Foot to Right, Draw Left Foot to Right Foot
7-8	1&2	Step Left Foot Back / Close Right Foot to Left Foot, Step Left Foot Forward
½ Turning Basic Cha; Twice		
9-10	1,2	Rock Right Foot Forward, Recover Left Foot
11-12	1&2	Turn ¼ Right and Step Right Foot to Right / Close Left Foot to Right Foot, Turn ¼ Right and Step Right Foot Forward
13-14	1,2	Rock Left Foot Forward, Recover Right Foot
15-16	1&2	Turn ¼ Left and Step Left Foot to Left / Close Right Foot to Left Foot, Turn ¼ Left and Step Left Foot Forward
Slow Basketball 1, Recover Triple; Twice		
17-18	1,2	Rock Right Foot Forward and Turn ½ Left, Hold
19-20	1&2	Recover Left Foot / Close Right Foot to Left Foot, Close Left Foot to Right Foot
21-24	1,2,3&4	Repeat Beats 17-20
3 Side Touches Turning ½ Left, Chasse 2		
25-28	1-4	Turn ¼ Left and Step Right Foot to Right, Touch Left Foot to Right Foot, Step Left Foot to Left, Touch Right Foot to Left Foot
29-32	1-4	Turn ¼ Left and Step Right Foot to Right, Touch Left Foot to Right Foot, Step Left Foot to Left, Close Right Foot to Left Foot

PART B **Slow Side, Behind Vine Triple; Twice**

33-34	1,2	Step Left Foot to Left, Hold
35-36	1&2	Cross Right Foot Behind Left Foot / Step Left Foot to Left, Cross Right Foot in Front of Left Foot
37-40	1,2,3&4	Repeat Beats 33-36
Open Scissor Cha; Side Rock, Hold, Recover, Touch		
41-44	1,2,3&4	Repeat Beats 1-4
45-48	1-4	Rock Right Foot to Right, Hold, Recover Left Foot, Touch Right Foot to Left Foot
Slow Side, Behind Vine Triple; Twice		
49-50	1,2	Step Right Foot to Right, Hold
51-52	1&2	Cross Left Foot Behind Right Foot / Step Right Foot to Right, Cross Left Foot in Front of Right Foot
53-56	1,2,3&4	Repeat Beats 49-52
Side, Hold 3; Recover, Hold / Sudden Behind Vine 2, Cross		
57-60	1-4	Step Right Foot to Right, Hold For 3 Beats
61-64	1,2&3,4	Recover Left Foot, Hold / Cross Right Foot Behind Left Foot, Step Left Foot to Left, Cross Right Foot in Front of Left Foot